



SESSION 4

PEACEFUL BLUE

"Peace I leave with you; My peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled; do not be afraid."

John 14:27

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Session 4 - The Peace (Blue)

Objective: By the end of this session, your child will understand that the colour blue symbolises the peace that Jesus brings into our lives. They will learn how Jesus came to bring peace between us and God, peace with others, and how He calls us to share His peace with the world.

Main Scripture: John 14:27; Luke 2:8-14

Focus of the Christmas Story: The Angels Announce Jesus' Birth to the Shepherds

Memory Verse: "Peace I leave with you; My peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled; do not be afraid." John 14:27

Main Points:

Introduction: Start by recapping the birth of Jesus. Remind your child how Jesus came as the Light of the World, bringing hope and purity. Today, we'll focus on the colour blue, which represents peace.

Ask your child, "What do you think of when you see the colour blue?" Let them respond. Explain that blue often reminds us of calmness and peaceful things, like a clear sky or a calm ocean. Today, we'll learn how Jesus brings peace into our lives, just as the angels announced on the night of His birth.

Bible reading: Read Luke 2:8-14 together. In this passage, we learn that the shepherds were out in the fields at night, watching over their sheep. Imagine how dark and quiet it must have been. Suddenly, out of nowhere, a bright light filled the sky, and an angel appeared!

Ask your child: "How would you feel if you were sitting outside on a dark night and, all of a sudden, a bright light appeared in the sky and an angel started talking to you?" Let them respond with their thoughts. They might say they'd feel surprised, scared, or confused.

Explain: "The shepherds were probably just as surprised and scared as you would be. But the angel said, 'Do not be afraid.' The angel wasn't bringing something scary, but good news! The angel told the shepherds that Jesus, the Saviour, had been born." The angels went on to praise God, saying, "Glory to God in the highest heaven, and on earth peace to those on whom His favour rests."

Explain that the message the angels brought wasn't just for the shepherds, but for everyone. Jesus' birth was a gift of peace for all of us, and that's why the angels came to announce it with such excitement!

Peace with God: Explain that before Jesus, our sins made it hard to be close to God. Sin, like lying or being unkind, hurts our relationship with God, just like it can damage a friendship. But Jesus came to bring peace between us and God by taking away our sins.

Because of Jesus, we can be friends with God again. We can talk to Him in prayer and live in a way that pleases Him. This peace with God is the most important peace we can have.

Peace with Others: Jesus doesn't just bring peace between us and God, He also helps us have peace with others.

Fill a bowl with water and give your child a small pebble. Tell them, "This pebble represents Jesus and the peace He brings." Ask them to drop the pebble into the water and watch the ripples spread out from where the pebble lands.

Explain, "Just like this pebble creates ripples in the water, Jesus brings peace into our hearts, and it spreads out to the people around us. When we follow Jesus and let His peace fill us, it's like these ripples spreading out across the water. His peace moves through us, touching others when we are kind, forgiving, and helpful."

Bringing Peace to the World: Jesus is called the Prince of Peace because He brings peace to the whole world. Just as the ripples in the water keep spreading, Jesus' peace is meant to reach more and more people. We are called to share His peace by telling others about Him and by showing love and kindness. When we live in peace and help others, we are continuing the work that Jesus started.





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Jesus also calls us to share His peace with others.

He said, "Blessed are the peacemakers," meaning that when we follow Him, we should bring peace wherever we go.

We can be peacemakers by being kind, helping others, and forgiving those who hurt us.

Just as a calm blue sky brings peace, we can bring Jesus' peace to those around us by living in a way that reflects His love.



THE PEACE OF JESUS

One quiet night, shepherds were watching their sheep when the sky suddenly lit up, and an angel appeared!

The shepherds were terrified, but the angel said, "Don't be afraid. I bring good news—today a Saviour has been born in Bethlehem."

Then a whole group of angels appeared, praising God and saying, "Glory to God, and peace on earth."

The shepherds hurried to Bethlehem to see this amazing gift of peace that God had given to the world.



As Jesus grew up, He became known as the Prince of Peace, just as the angels had said.

One day, when a fierce storm hit, Jesus was in a boat with His disciples. The waves were crashing, and the disciples were scared, but Jesus stood up and said, "Peace, be still!" and the storm calmed down immediately.

This miracle showed that Jesus brings peace not only to the world around us but also to our hearts in any situation.



Jesus didn't just come to calm storms, He came to bring peace between us and God.

Our sin had separated us from God, like a broken friendship, but because Jesus died for our sins, we can be forgiven and have peace with God.

The Bible says, "We have peace with God through our Lord Jesus Christ."

This peace is the most important kind because it means we can live close to God and talk to Him every day.



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GROUP GAMES

GUESS THE "BAA!"

Objective: To have fun guessing which child is the "sheep," connecting to the shepherds who heard the angels and found peace in Jesus.

Materials Needed:

None

Instructions:

1. Have the children sit or stand in a circle.
2. Choose one child to be the "shepherd" and bring them to the front facing away from the group.
3. The leader will silently point to one child in the circle, who will softly say "baa."
4. The shepherd must guess which child made the "baa" sound.
5. If they guess correctly, the "baa" child becomes the next shepherd. If not, the current shepherd stays for another round.
6. Continue until each child has had a chance to be the shepherd.

Reflect: After the game, talk about how the shepherds in the Christmas story recognised the message of peace from the angels and followed it to find Jesus. Discuss how listening carefully, like in the game, helps us find the peace Jesus offers.

"PEACE IN THE STORM" GAME

Objective: To connect with the story of Jesus calming the storm, showing how He brings peace in our lives.

Materials Needed:

Mats, or pieces of cardboard to serve as "boats"

Music player or someone to clap

Instructions:

1. Mark any area on the floor to create the "sea."
2. Place the mats or cardboard "boats" around the sea—one less than the number of children.
3. Play music while the children walk around the "sea."
4. When the music stops (or when someone claps), the children must quickly find a boat to stand on.
5. The child who doesn't find a boat sits out for that round, and one boat is removed.
6. Continue playing until only one child remains on a boat—they are the winner!

Reflect: After the game, talk about how Jesus calmed the storm and brought peace to the disciples.



BIBLE MEMORY VERSE

Key Bible Verse: John 14:27

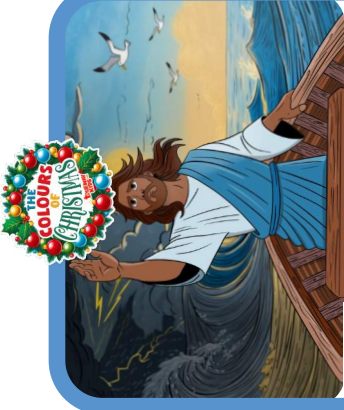
Memory Verse: "Peace I leave with you; My peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled; do not be afraid."

Activity: "Verse Herding" Memory Verse Challenge

1. Write the words or phrases from John 14:27 on separate white balloons to represent "sheep."
2. Set up a pen (made from chairs or tape on the floor) where the children will herd the balloons.
3. Spread the balloons around the play area.
4. Children must move the balloons (sheep) into the pen. They can't pick up the balloons, they must tap or blow.
5. Once all the balloons are herded into the pen, the children must work together to arrange the balloons in the correct order to form the verse.
6. After the verse is put together, have them read it out loud as a group.
7. Repeat the activity until the children are familiar with the verse and can say it from memory.



MEMORY VERSE CARDS



"Peace I leave with
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do not be afraid."

John 14:27



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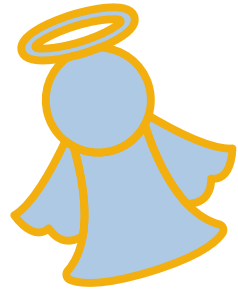
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John 14:27

Colour by Number



Word Search



	B	V	N	N	M	I											
O	B	H	Y	R	O	H	Q	V	N								
L	B	S	L	E	G	N	A										
	O	V	E	C	F	L											
	U	N	O	R	E	S											
S	S	S	H	A	A	N	A										
G	O	O	D	E	R	Z	U										
R	V	M	S	L	A	T	Z										
	E	E	Q	A	Z	V											
J	S	N	H	H	L	V	Y	E	S								
S	O	U	E	W	W	I	I	J	N								
I	W	U	Y	L	G	M	S	G	O	Z	K						
M	A	I	G	S	K	H	S	U	H	X	H	U	D	L	P		
X	H	T	Z	K	L	H	T	S	Z	E	N	I	T	R	E	S	I
	Y	H	Y	S	A	E	Z	F	P	S	O	J	A	X			
	G	G	E	J	B	E	H	H	M	I	C	W					
	L	I	M	V	Z	P	E	X	E	X							
	G	W	O	N	F	C	W	R	P	U	P	Z					
	V	P	C	R	S	K	N	D	U	C	U	O					
		G	Y	A	C	S	G										

Angels
Bethlehem
Fear
Glory

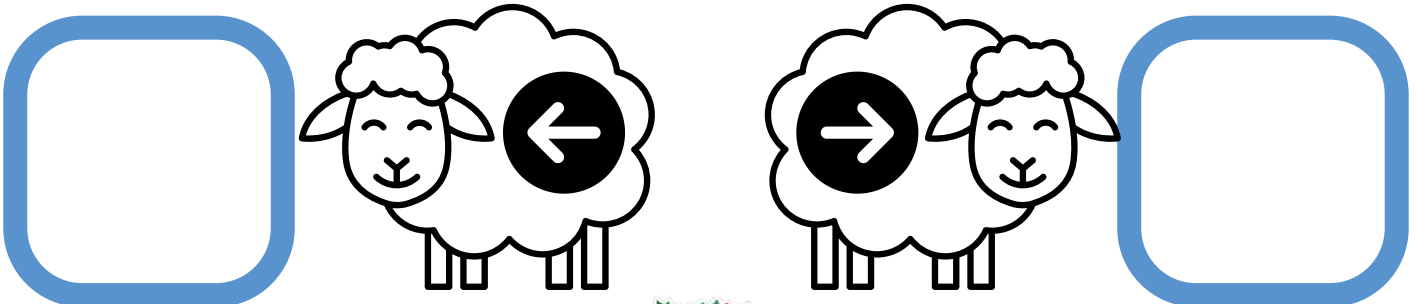
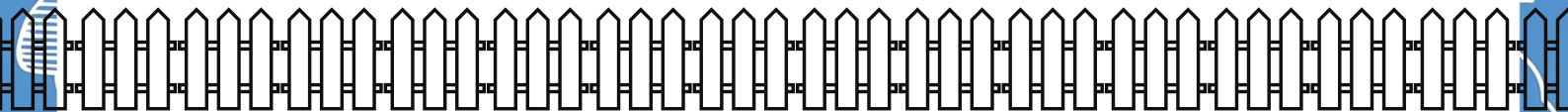
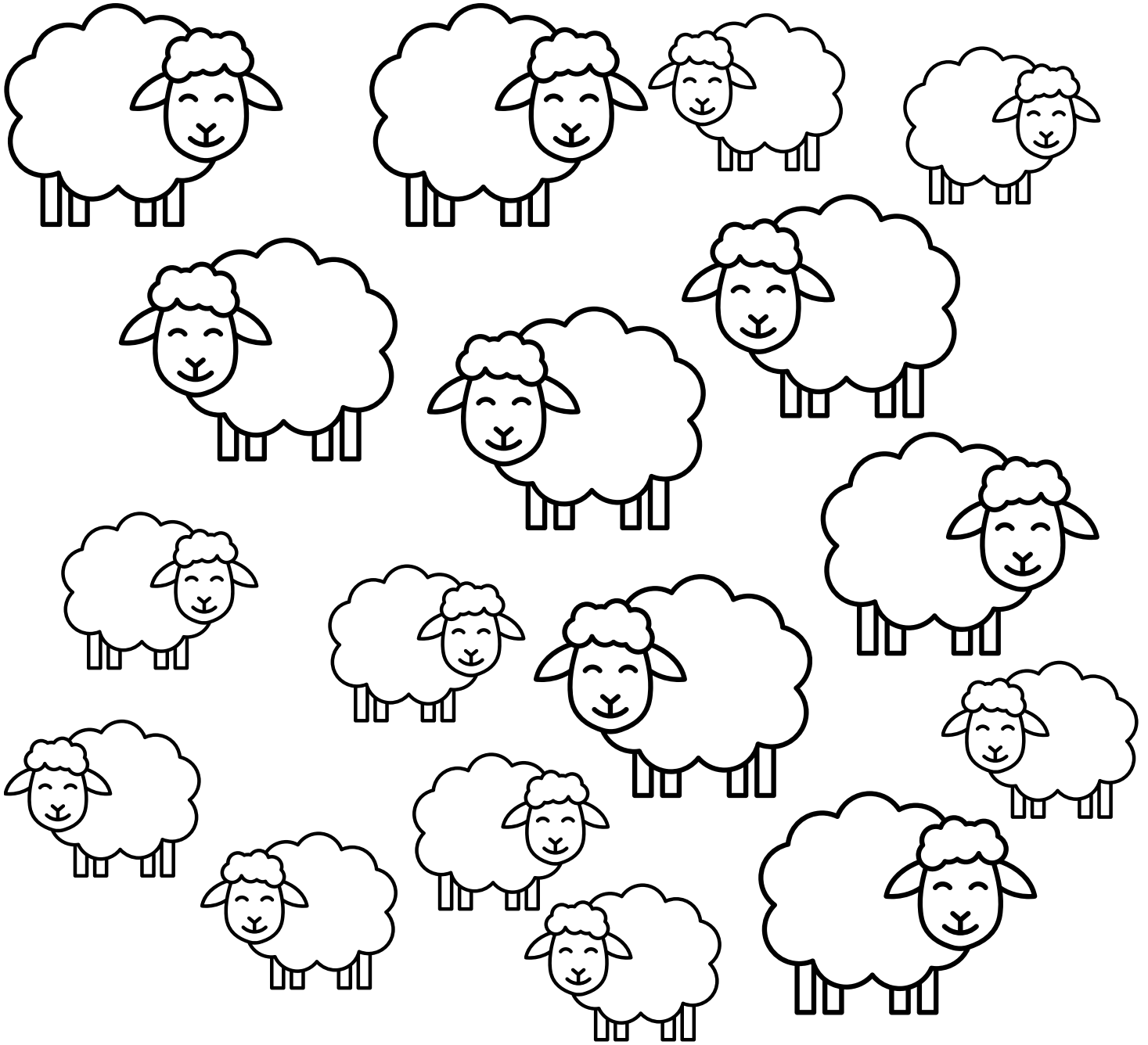
Good News
Heaven
Jesus
Joy

Light
Messiah
Night
Peace

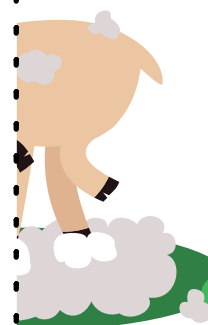
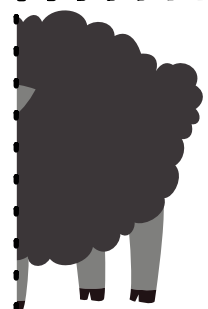
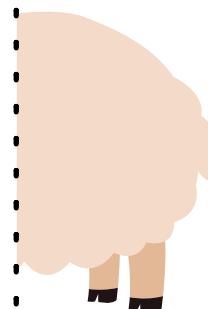
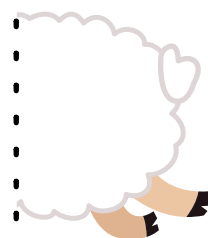
Saviour
Sheep
Shepherds



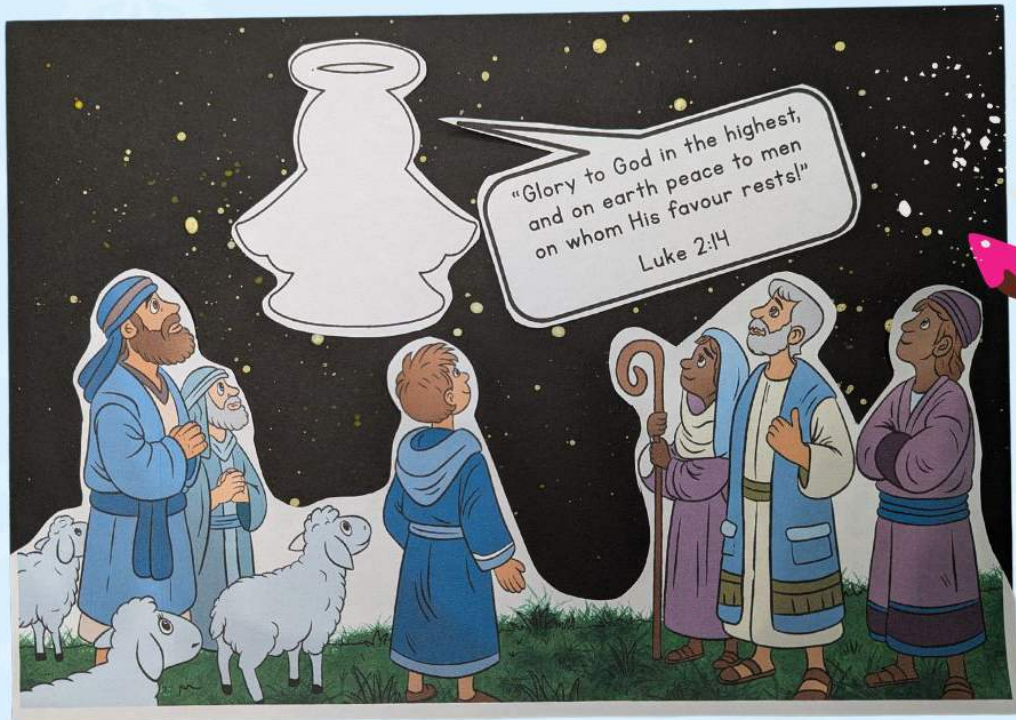
Count the Sheep



Cut out the back of the sheep and glue to match



Shepherd Night Scene



What you need:

- Dark blue paper (for the night sky)
- White or yellow paint (optional for splattering stars)
- Star stickers, chalk, or crayons (alternative for stars)
- Shepherds, Angels and verse template
- Scissors
- Glue

What to do:



Create a night sky on the blue paper by splattering paint or using stickers, chalk, or crayons for stars.

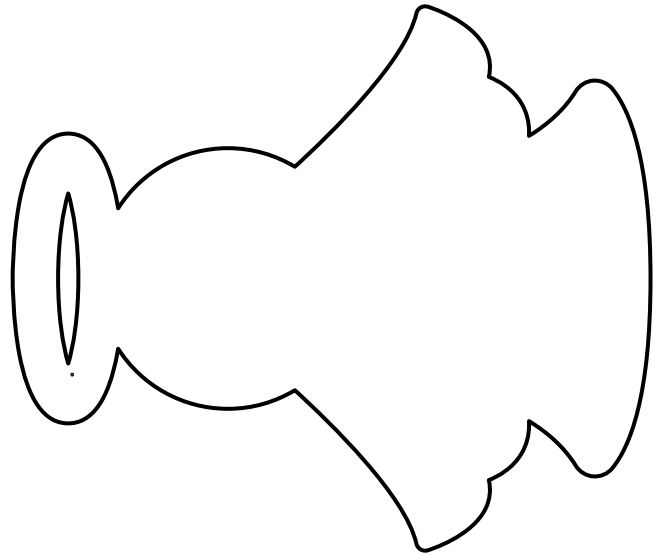


Colour and cut out the shepherds and Bible verse from the template.



Glue the shepherds and verse onto the night sky to complete your scene.





"Glory to God in the highest,
and on earth peace to men
on whom His favour rests!"

Luke 2:14





"Glory to God in the highest,
and on earth peace to men
on whom His favour rests!"

Luke 2:14

Character Masks Craft - Sheep, Angel, Shepherd

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What you need:

Sheep, Angel, and Shepherd mask templates

Colouring equipment

Scissors

Hole punch (optional)

String or paper strips

Glue or tape

What to do:



Colour the mask template.



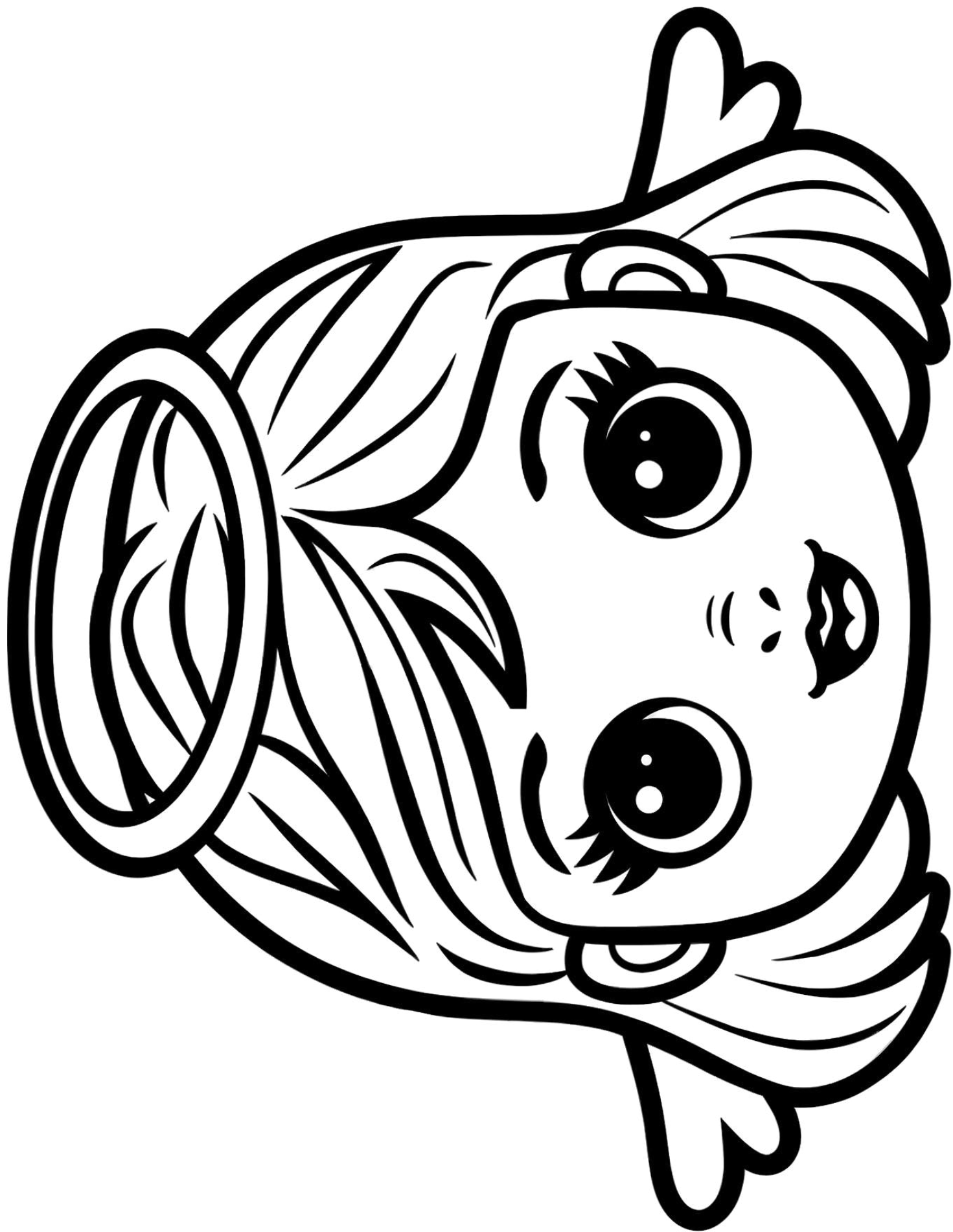
Cut out the mask and eye holes.

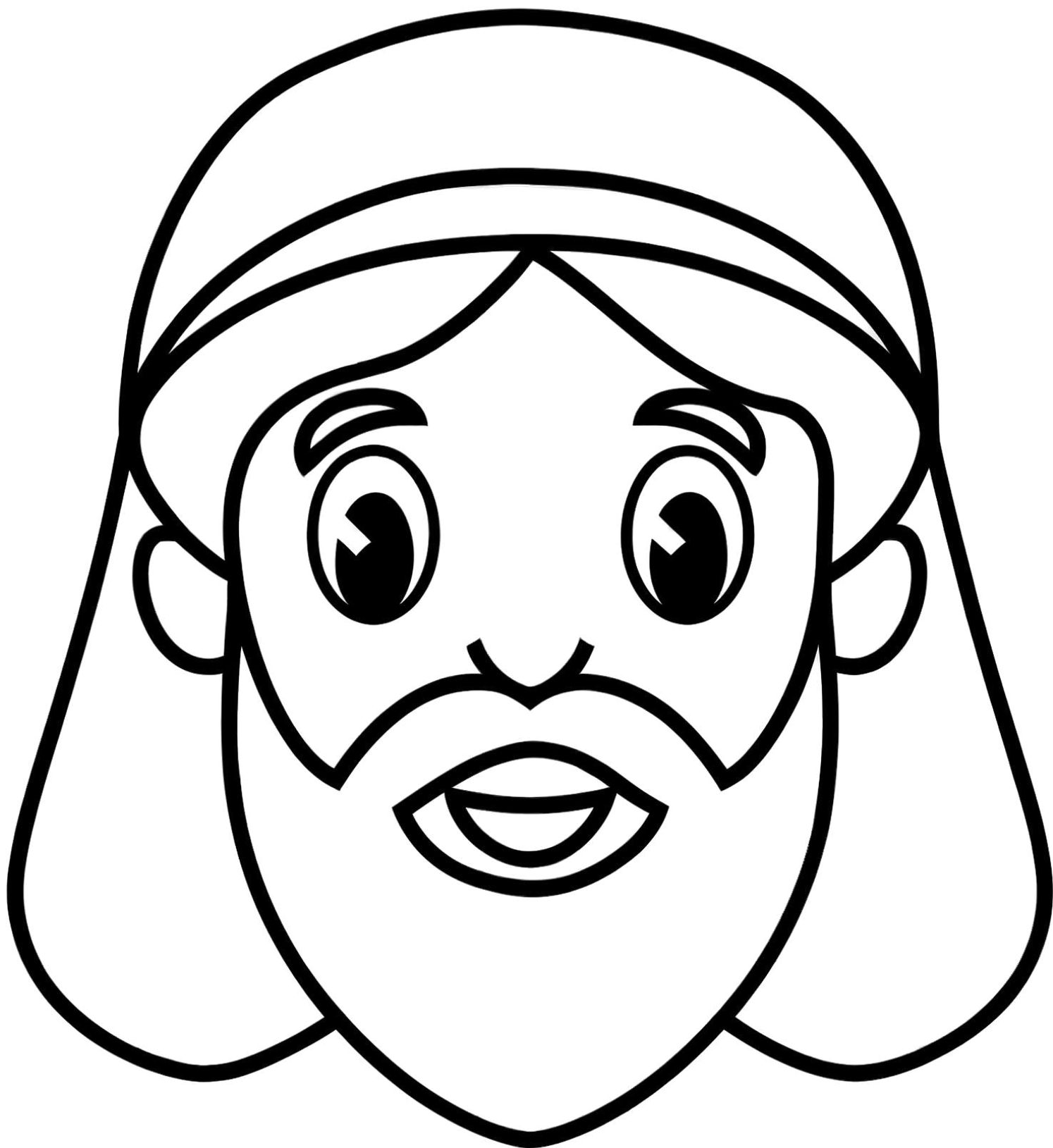


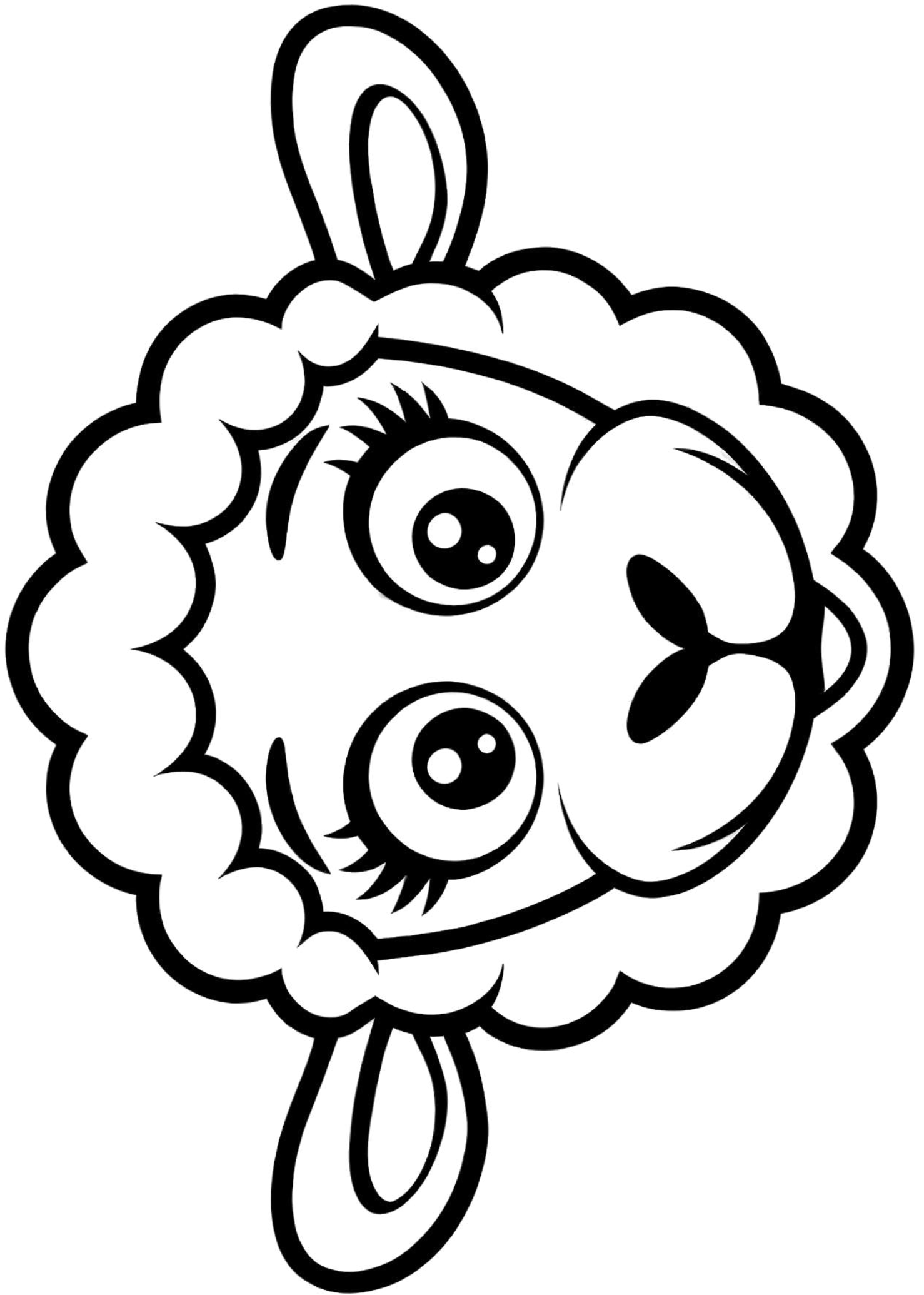
Attach string or paper strips to the sides of the mask to fit the child's head.

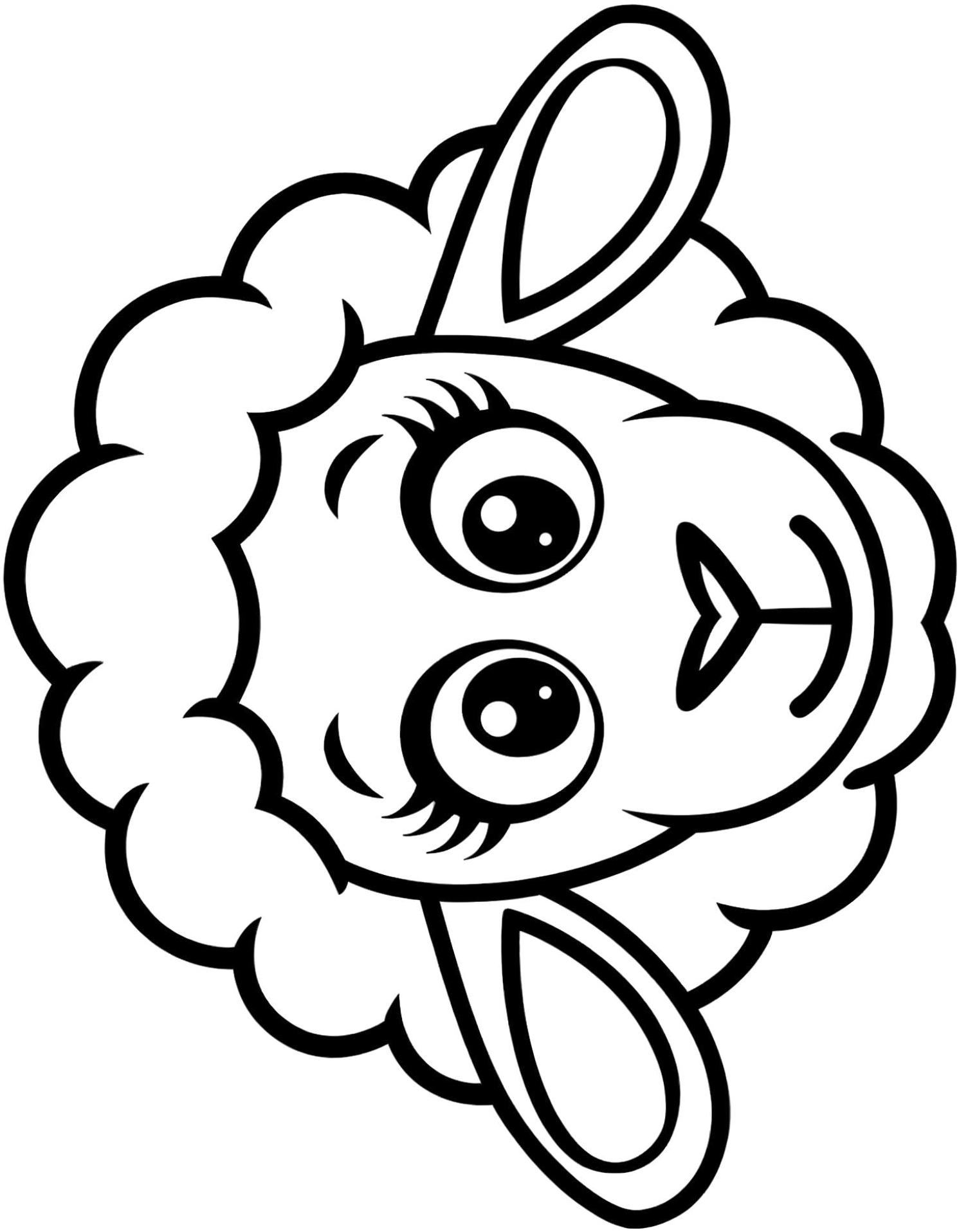






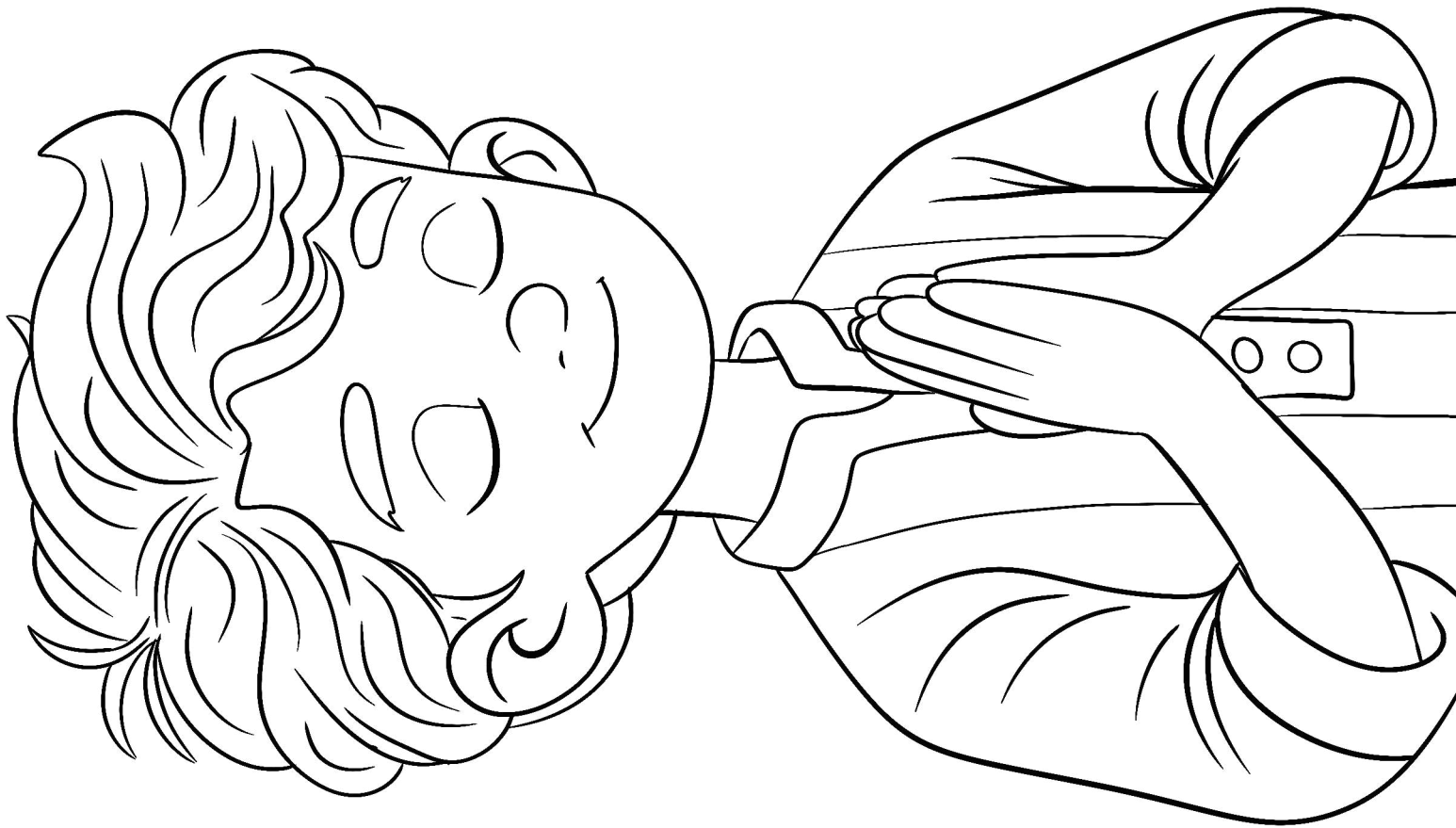














Worship Time

Recommend worship songs. Not produced by Trueway Kids. YouTube Videos to be used for personal use only.

Story video: Blue - The Peace of Jesus

https://youtu.be/25nXFy_hGvM

Fruit of the Spirit Song

<https://youtu.be/cSLggT7iKJ8>

I Might Be Small, But My God is the Biggest of All!

https://youtu.be/J3Gqg_h07kI



Prayer Time

Dear God,

Thank You for making peace between us and You through Jesus.

Help us to remember that no matter what happens, we can always find peace in You.

Please help us to share Your peace with others.

In Jesus' name, Amen.

Next Session

Gold - King

If you haven't already done so, sign up to receive future lesson by email.

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B V N N M I
 O B H Y R O H Q V N
 L B S L E G N A
 O V E C F L
 U N O R E S
 S S S H A A N A
 G O O D E R Z U
 R V M S L A T Z
 E E Q A Z V
 U S N H H L V Y E S
 S O U E W W I I J N
 I W U Y L G M S G O Z K
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 X H T Z K L H T S Z E N I T E S I
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 G G E J B E H M I C W
 L I M V Z P E X E X
 G W O N F C W R P U P Z
 V P C R S K N D U C U O
 G Y A C S G

